# BRING YOUR CONFERENCE ALIVE

# WITH SILVA LINING'S CARE PLAN

a conversation starting, stimulating, highly relevant quality play, and presentation package



### Delegates

- Listen to an audio drama
- facilitated in small and whole group discussions
- Programme/ learning resources to take away

## 1 HOUR OR 3 HOURS

Enquiries, elspeth@2buproductions.co.uk

The purpose of this presentation is to introduce the podcast Silva Lining's Care Plan, a 90-minute drama in three episodes that explores the relationship between Silva, and her home carer, Karen. Silva is a retired neuroscientist who resolves to deal with memory loss by generating a new brain. Karen is new to home care, determined to make a success of this complex and unpredictable job. We confront the dilemmas that she faces for the first time in the context of Silva's progressive memory loss. The play shows the tension Karen feels between completing required tasks and meeting Silva's emotional needs. It touches on the inconvenient presence of Silva's adult son, who has his own unmet needs. It raises questions about what it means to be a carer - and about what constitutes a human being. These universal themes in dementia care will be recognised by listeners to the podcast as it opens up topics for reflection and discussion. In this presentation we will play excerpts from the podcast, which is freely available to audiences. We will explain its origins come from a research study on home care and how diaries kept by home carers have been developed into script and then a podcast. There will be time left for discussion and questions.

> Listen to all episodes here....https://elspeth4.podbean.com On Apple Podcast, Spotify and other podcast apps

### Timings and guide pricing

This is not self-funded, though we have funding ideas which we're happy to explore with interested parties.



